



We invite you cordially to come to us

Sunday from 11.00. a.m. to 8.00. p.m.

Monday to Saturday from 12.00. a.m. to 8.00. p.m.

**All dishes are prepared by us from fresh ingredients mostly
coming from local producers.**

**We do our best to ensure a good quality and a friendly
atmosphere for you.**

Table reservations under the telephone number

Tel. +48 32 441 84 51

We organize occasional parties, please call

Tel. +48 506 893 224

**"We wish you to enjoy your meals
and have a very good time in our restaurant."**

Owners

www.smakregionu.com



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Szlak Kulinaryny



SOUPS

Home made bouillon

with noodles, carrot and green parsley

300ml **17,00zł**

Silesian style sour soup

cooked on smoked sausage with egg



300ml **22,00zł**

Garlic cream soup with croutons

200ml **19,00zł**

Silesian style garlic soup

with pieces of bread



200ml **16,00zł**

A Soup - Ask a waiter/ waitress...

200-300ml **19,00zł**

DISHES WITH MEAT

Chicken breast fillet baked in egg under a blanket of mozzarella, tomatoes and onion
served with baked potatoes, garlic dip and salads

43,00zł

Breaded chicken breast pouch

with mozzarella cheese and sun-dried tomatoes, served with baked potatoes and salads

44,00zł

Pork tenderloins sous-vide

served with Silesian potato dumplings in forest mushroom sauce and with salads

54,00zł

Pork chop coated with breadcrumbs

served with boiled potatoes and served with fried cabbage

46,00zł

Blacksmith's cutlet

breaded, baked with peppers, leek, mushrooms, Mexican sauce and cheese, served with mashed potatoes and a set of salads

51,00 zł

Pork knuckle

fired or boiled with mustard and horseradish, served with fried cabbage

100g

15,00zł

16,00zł

Marinated ribs in honey

served with French fries and fried cabbage



100g

Traditional beef roulade in roast gravy

served with Silesian potato dumplings and red cabbage

56,00zł

Beef tongue

served with mashed potatoes and mustard-horseradish sauce, beetroot

55,00zł

Beef cheeks

served with Silesian dumplings with roast sauce and red beetroots

63,00zł

Duck leg

served with Silesian dumplings, roast sauce and beetroots

66,00zł

DISHES WITH FISH

Fried/steamed salmon fillet with or without almonds

100g **17,00zł**

Breaded/steamed halibut fillet with or without tomatoes and mozzarella cheese

100g **17,00zł**

Steamed trout with butter

100g **17,00zł**

Trout stuffed with vegetables carrot, zucchini, onion, mozzarella, soy sauce

served with mashed potatoes

69,00zł

Salmon fillet fried with spinach

served with mashed potatoes

65,00zł

FAMILY DINNER

Served on plates
/ dishes

278,00zł

Meats: Beef roulade 1 pc., Pork chop 1 pc.

Chicken breast fillet baked in egg under a blanket of mozzarella, tomatoes and onion 2 pcs.,

Breaded chicken breast pouch with mozzarella cheese and dried tomatoes, 2 pcs.,

Starch additives: Silesian dumplings, boiled potatoes

Sauces: roast, leek and onion **Mix of salads**

VEGETARIAN DISHES

Fried cheese	43,00zł
served with fries, tzatziki and salads	
Cheese balls	43,00zł
served with fries, garlic dip and salads	

SALADS

Winter salad	38,00zł
lettuce mix, pork loin, tomato, green cucumber, onion, Mustard and soy sauce	
Salmon salad	38,00zł
lettuce mix, marinated salmon, tomato, egg, Parmesan cheese, mustard and soy sauce	

PIEROGI

to choose from: with meat or cheese	31,00zł
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POTATO PANCAKES

- with pork goulash, sour cream and pickled cucumber salad	47,00zł
- with forest mushroom sauce	38,00zł
- with sour cream or without sauce	34,00zł


CHILDREN'S MENU

Home made broth	200ml	14,00zł
with pasta, carrots and green parsley		
Silesian dumplings 6 pcs.		12,00zł
Optional:		
with gravy or butter and sugar		
Nuggets		30,00zł
with fries, ketchup and carrot salad		
Spaghetti		30,00zł
Pancakes		16,00zł
with Nutella and whipped cream		

FOOD ADDITIVES

Ketchup or mustard or horseradish	40g	4,00zł
Garlic dip or sour cream	40g	4,00zł
Boiled vegetables	200g	11,00zł
Fried cabbage	150g 300g	9,00zł 15,00zł
French fries or baked potatoes	200g	12,00zł
Boiled potatoes	150g	10,00zł
Dumplings	12szt	12,00zł
Mix of salads		11,00zł

DESSERTS

Apple pie		22,00zł
homemade apple pie with whipped cream and a scoop of vanilla ice cream		
Meringue with cream and fruit		19,00zł
Oreo Ice Cream Dessert		19,00zł
vanilla and chocolate ice cream, oreo cookies, chocolate topping, whipped cream		
Vanilla ice cream		22,00zł
with hot strawberries and whipped cream on request		
Scoops of ice cream	1Scoop	7,00zł
you can choose between vanilla, fruit and chocolate		
Additives		3,00zł
Whipped cream or strawberry topping		

TAKE AWAY OFFER

It is possible to order and create your own composition of takeaway troughs.

Please place orders at the restaurant at least one day in advance

or by phone: +48 32 441 84 51.

Upon collection, the deposit for the trough is: PLN 100.00 in cash.

Create your own trough composition:

Beef Roulade	200g	35,00zł
Knuckle baked/boiled ok 0,5kg	100g	15,00zł
with fried cabbage		
Breaded pouch chicken breast	160g	25,00zł
with mozzarella and sun-dried tomatoes		
Pork chop	150g	19,00zł
Rib (ok. 300g)	100g	15,00zł
Chicken breast fillet „sous-vide”	150g	20,00zł
Beef tongue		35,00zł
with mustard-horseradish sauce		
Beef cheeks		29,00zł
with roast sauce		
Blacksmith's cutlet		29,00zł








Trough accessories:

Fries	200g	12,00zł
Baked potatoes	200g	12,00zł
Boiled potatoes	200g	10,00zł
Silesian dumplings	12 szt.	12,00zł
Fried cabbage	300g	15,00zł
Mix of salads		11,00zł

HOT BEVERAGES

Espresso	10,00zł
Double espresso in a large cup	13,00zł
Black Coffee	11,00zł
Brewed coffee	11,00zł
Cappuccino	13,00zł
Latte	14,00zł
Ice coffee	17,00zł
Double espresso with a full glass of ice, milk, scoop of ice cream and cream on request	
Tea	10,00zł
black or fruity	
Tea Royal Taste	13,00zł
from natural dried	
Tea with strawberry jam	15,00zł

COLD BEVERAGES

		250 ml	10,00zł
		500 ml	15,00zł
		330 ml	10,00zł
natural mineral water, still, carbonated			
		250 ml	10,00zł
KINLEY			
		250 ml	10,00zł
Fuzetea			
black tea with lemon and lemongrass			
black tea with peach and hibiscus			
Juice Cappy		250 ml	10,00zł
orange, apple, multivitamin, grapefruit			
		250 ml	12,00zł
energy drink			
Multifruit nectar		1 l	20,00zł
Still water		1 l	17,00zł

WE RECOMMEND



WINTER WARMING DRINK

Black tea, cranberries, orange slice, cloves	14,00zł
Black tea, honey, comb oranges, ginger	15,00zł
Black tea, raspberry juice, grapefruit, rosemary, cloves	14,00zł
Tea with cherry vodka	17,00zł
Hot chocolate	15,00zł
Hot chocolate with whipped cream	17,00zł
Mulled wine spicy or honey	18,00zł
Mulled beer	18,00zł

WINE

Sauvignone Dell'Emilia I.G.P.	100ml	13,00zł
Italian semi-dry white	bottle 750ml	70,00zł
Prinz Stefan	100ml	11,00zł
Austrian white semi-sweet	bottle 750ml	60,00zł
Sangiovese Rubicone I.G.P.	100ml	13,00zł
Italian dry red	bottle 750ml	70,00zł
Prinz Stefan	100ml	11,00zł
Austrian red semi-sweet	bottle 750ml	60,00zł
Prosecco D.O.P.	bottle 750ml	70,00zł
Treviso Extra Dry, Italian dry sparkling white		

ALKOHOL

WHISKY I BURBON

	40ml
Johny Walker Red	13,00zł
Ballantine's	13,00zł
Jim Beam	15,00zł

BRANDY

	40ml
Metaxa *****	15,00zł

VODKA

	40ml
Wyborowa	8,00zł
Wiśniówka	8,00zł
Ogiński	8,00zł
Finlandia	11,00zł

BEER

Tap beer Tyskie Gronie large	500ml	13,00zł
Tap beer Tyskie Gronie smal	300ml	12,00zł
Pilsner Urquell	500ml	16,00zł
Lech Premium	500ml	14,00zł
Tyskie Gronie	500ml	14,00zł
Tyskie 0% alcohol free	500ml	12,00zł
Lech Free alcohol free	300ml	10,00zł
Lech Free alcohol free - flavored	300ml	10,00zł
Okocim Karmi alcohol free	500ml	11,00zł
Książęce pszeniczne alcohol free	500ml	14,00zł
Corona Extra	330ml	13,00zł
Beer with cherry liqueur		18,00zł
Big beer with addition of a cherry liqueur		
Raspberry juice for beer		2,00zł

ALCOHOL DRINKS

Rainbow %	22,00zł
choice vodka, blue curacao, orange juice, raspberry juice	
Mojito	22,00zł
rum, brown sugar, mint, ice, lime, sparkling water	
Blue Lagoon	22,00zł
premium vodka, blue curacao, full Sprite	
Whiskey with Coca-Cola and ice	20,00zł
Aperol Spritz	24,00zł
Aperol, Prosecco, orange, ice, sparkling water	



We would be pleased if
you leave us a positive
review on Google
Maps.

A card with allergens in our dishes
available for viewing on the shoulder